



Single Adult Homelessness Workshop

Office of the County Executive
February 23, 2021

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Single Adult Homelessness Agenda

- Context & Overview
 - National Perspective
 - Local Data
 - Aging Populations
- Sacramento's Response
- Lessons from COVID-19 response

Data from the 2015 and 2018 AHAR: <https://www.hudexchange.info/homelessness-assistance/ahar/#2019-reports>

Single Adult Homelessness Context

Single adults experiencing homelessness are the largest cohort among the homeless population

- *Subpopulations include seniors, youth, veterans, and others*
- *African Americans are disproportionately represented among adult households (2018)*
- *While behavioral health issues are prevalent, only 25% report as having a serious mental illness (2015)*

Data from the 2015 and 2018 AHAR: <https://www.hudexchange.info/homelessness-assistance/ahar/#2019-reports>

Single Adult Homelessness National Overview

In 2019, more than $\frac{2}{3}$ of the homeless population were single adults

- 50% were unsheltered
- 24% were experiencing chronic homelessness

From 2015 to 2019, upward trends

11%↑

proportion of single adults among total homeless population

16%↑

proportion of single adult homeless population living unsheltered

All data from the 2019 AHAR: <https://www.hudexchange.info/homelessness-assistance/ahar/#2019-reports>

Single Adult Homelessness

Sacramento – 2019 Point-in-Time

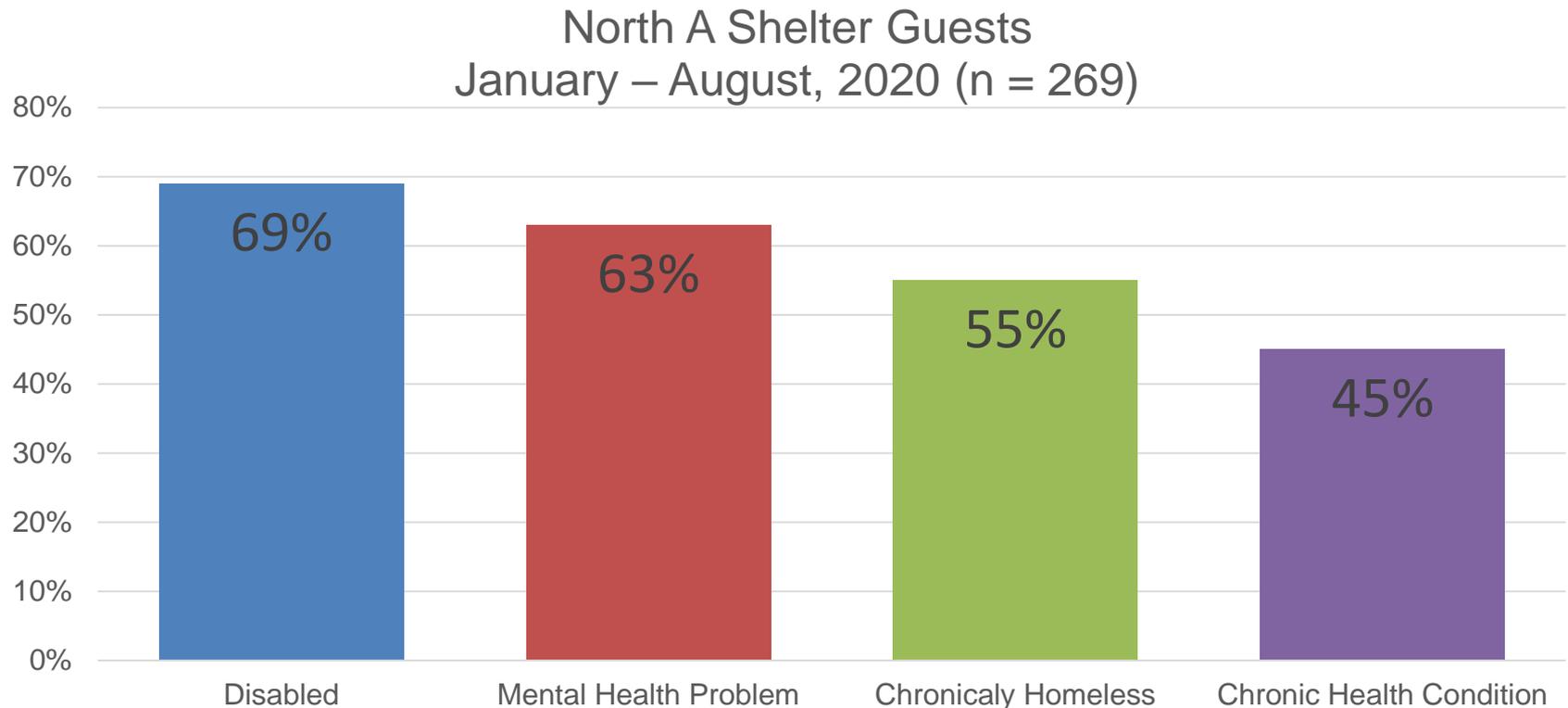
In Sacramento, single adults are the largest proportion of the homeless population, are most likely to be unsheltered, are aging, and are more likely to be chronically homeless

- 79% of total homeless population was single adults
 - 75% unsheltered
 - 32% age 50 or older
- 1,079 older adults (age 55+) experiencing homelessness
 - 66% reported physical or mental impairment(s)
 - 65% unsheltered
 - 60% long term & continuous homelessness

All data from the 2019 Point-in-Time Count: <https://sacramentostepsforward.org/2019pitcount/>

Single Adult Homelessness Sacramento

Clients served at the North A Street County Shelter have complex needs



Single Adult Homelessness Aging Populations

In 2016, ½ of single homeless adults were over 50 – a 354% increase since 1990; two cohorts:

- Baby boomers aging while homeless
 - First time homeless in later-middle ages
-

As this population ages, homelessness grows and service use & costs increase - including hospital & nursing homes

Data from SSF Report “Homelessness Among Older Adults” (compilation of national and local reports) and AISP at University of PA: <https://www.aisp.upenn.edu/aginghomelessness/>

Single Adult Homelessness Aging Populations

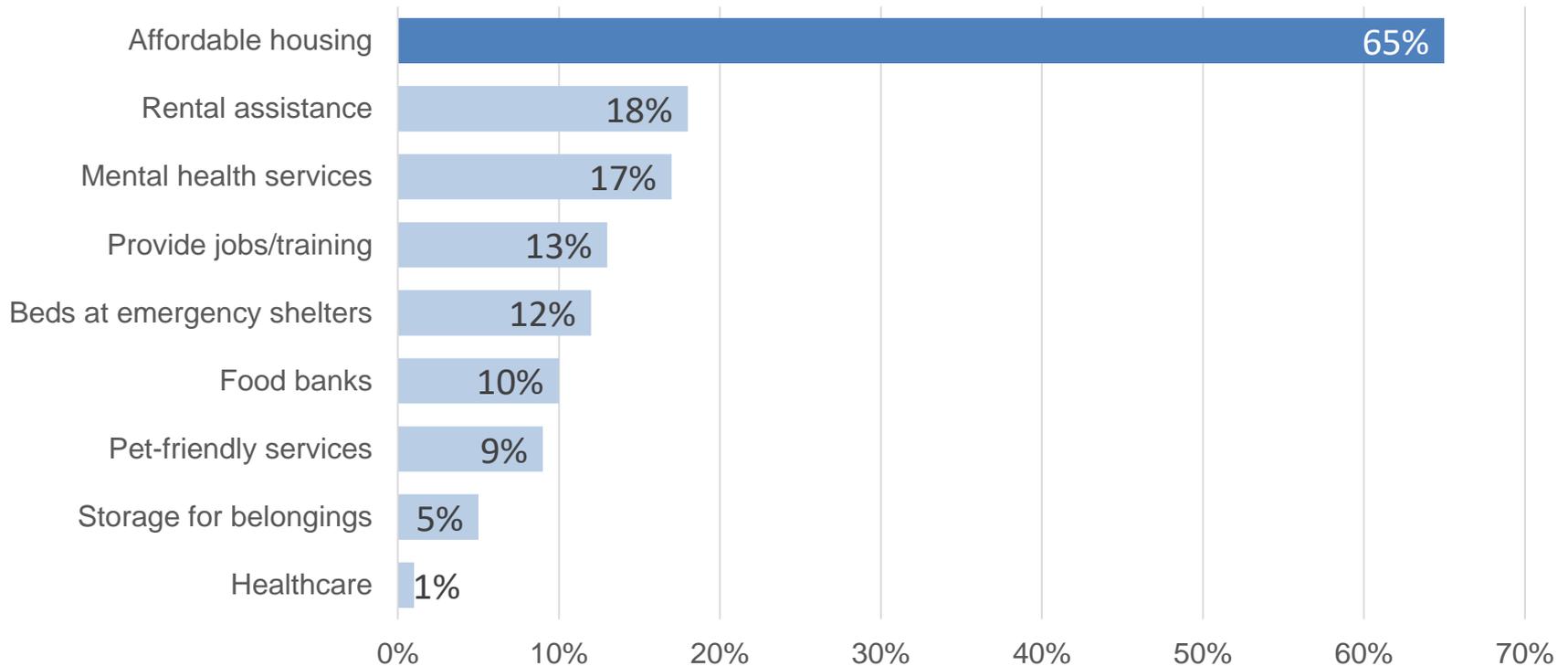
	Group 1	Group 2	Group 3
Shelter System Use	Moderate	High	Low
Health Care System Use	Moderate	Moderate	High
% of Population	85%	12%	3%
Housing Intervention(s) Needed	<ul style="list-style-type: none"> • Problem Solving Funds • Rapid Re-housing • Shallow Subsidy + Light Case Management • HCV + Light Case Management 	Permanent Supportive Housing	Permanent Supportive Housing + Additional Health Supports

Data from AISP at University of PA: <https://www.aisp.upenn.edu/aginghomelessness/>

Single Adult Homelessness Aging Populations

Older adults identify affordable housing as primary need

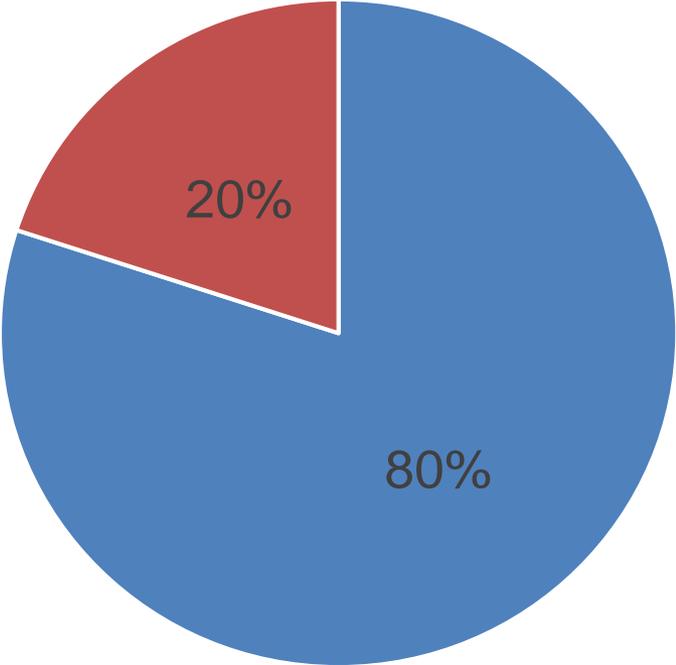
2019 Sacramento Point-in-Time Count
Needs identified by senior respondents



All data from the 2019 Point-in-Time Count: <https://sacramentostepsforward.org/2019pitcount/>

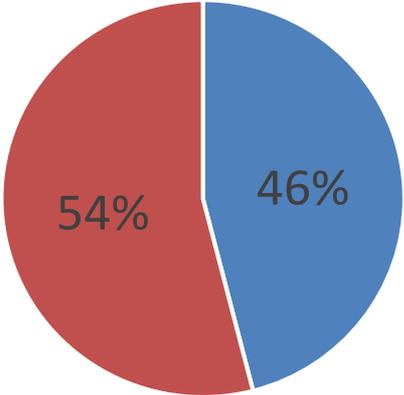
Sacramento's Response

PIT count of people experiencing homelessness



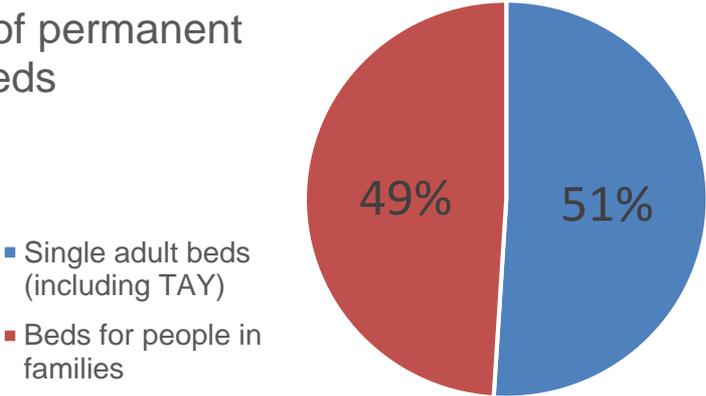
■ Single adults (including TAY) ■ People in families

Inventory of shelter and transitional beds



■ Single adult beds (including TAY)
■ Beds for people in families

Inventory of permanent housing beds



■ Single adult beds (including TAY)
■ Beds for people in families

Data from 2019 Point-in-Time Count: <https://sacramentostepsforward.org/2019pitcount/> and 2019 Housing Inventory Count: <https://www.hudexchange.info/programs/coc/coc-housing-inventory-count-reports/>

Sacramento County Response Outreach & Supportive Services

Encampment Response Team

- *Reduce the number of individuals living outside in encampments*
- *Coordinate outreach services for better shelter & service connections*
- *Improve management of encampments*

Housing & Disability Advocacy Program (HDAP)

- *Homeless General Assistance clients unemployable due to disability*
- *Provides advocacy and intensive supportive services*
- *Partnership with flexible supportive re-housing shelter program*

Behavioral Health Services

- *Specialized access at shelters and centers (e.g. Guest House)*
- *MHSA services facilitated new permanent supportive housing projects*

Sacramento County Response Sheltering

Program	PIT Capacity	Population(s) Served	Geography Served
Mather Interim Shelter	140	<ul style="list-style-type: none"> • Single adults • Couples 	Countywide
North A Street Shelter	80	<ul style="list-style-type: none"> • Single adults • Couples 	River District (City of Sacramento)
Flexible Supportive Re-Housing Shelter	115	<ul style="list-style-type: none"> • Single adults • Couples 	Unincorporated County
Interim Care Program *	16	Single adults with medical discharge	Countywide
Adolfo Transitional Housing	68	Former foster youth, ages 18-24	Countywide
Emergency Motel Vouchers	15-25	All	Countywide
Weather Respite Motel Vouchers	up to 100	All	Unincorporated County

* County contribution is an off-set of facility cost for program operated by health systems

Sacramento County Response

Re-Housing Programs

In 2020, at least 1,800 households were re-housed or remained housed with support from County programs

Permanent Supportive Housing

- Flexible Supportive Re-Housing Program
- Built units supported through MHSA

Rental Assistance *(short & long term)*

- Flexible Housing Pool/HCV
- Home Safe Program
- Behavioral Health Rental Assistance

Market Housing

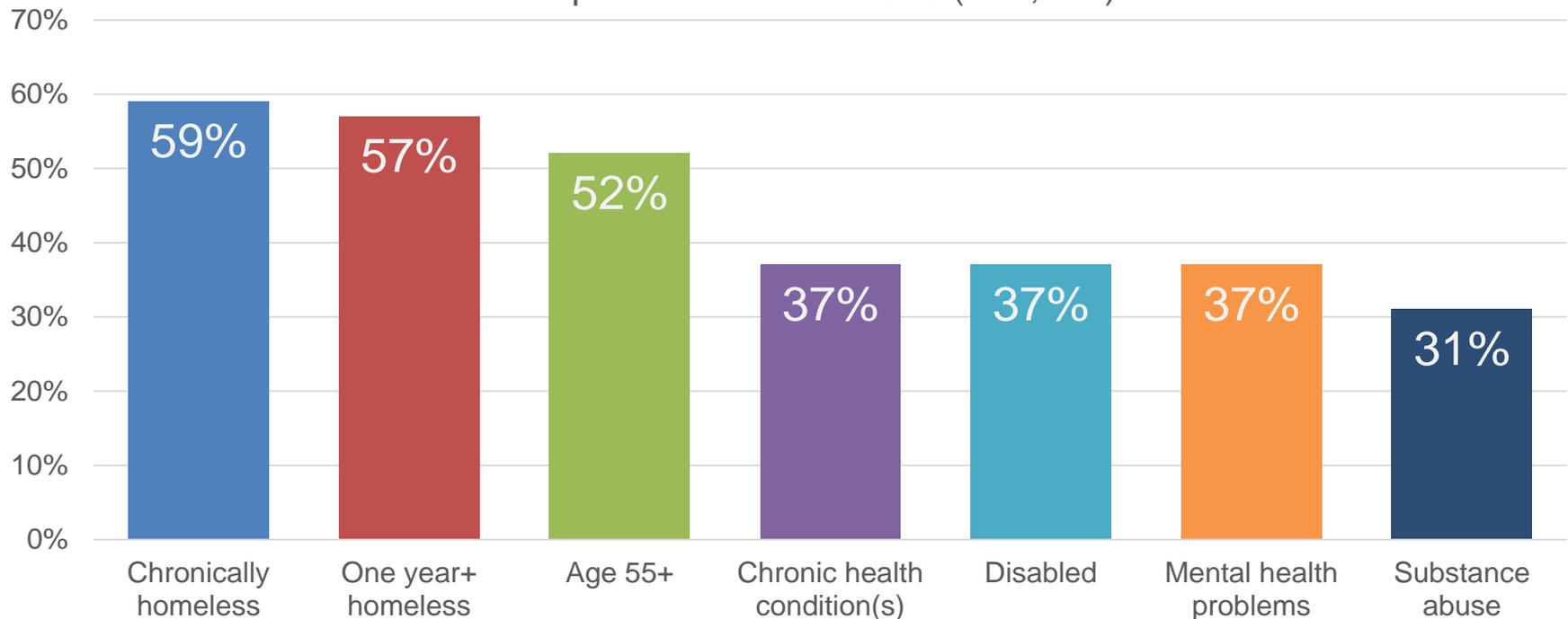
- Return to Residency
- Problem Solving Supports

Sacramento County Response

COVID-19 Response – Demographics & Lessons

Sustained commitment and focus required to engage, shelter, and re-house single adult unsheltered population

Clients sheltered at Project RoomKey
April – December 2020 (n=1,192)



Data through December, 2020: <https://sacramentostepsforward.org/covid-19-resources/>

**County of Sacramento
Homeless Services for Single Adults, February 23, 2021**

DHA Program/ Services for Singles	Program description	Eligibility	Capacity	Number Served Calendar Year 2020	Access Point
Mather Community Campus Singles Program	Singles Shelter Program at the Mather Community Campus provides shelter with supportive services to homeless single adults for up to 90 days. While at our Singles Interim Housing campus, clients maintain access to supportive services to help transition into stable housing and employment.	Clear a background check: No violent felony in last 3 years and/or 290 classification	140	256	Referral based program. Referrals are from DHA, Community partners, Navigators.
Full Service Rehousing Shelter (aka Scattered Sites)	Low-barrier interim shelter and rehousing program utilizing a scattered-site model.	Highly vulnerable unsheltered adults	115	233 individuals with 23 exiting to stable housing	DHA, Community partners, Navigators

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Homeless Services for Single Adults, February 23, 2021**

DHA Program/ Services for Singles	Program description	Eligibility	Capacity	Number Served Calendar Year 2020	Access Point
Flexible Housing Rehousing Program (FSRP)	Permanent supportive program created to serve the 250 most frequent users of public systems. Provides property related tenant services (PRTS), housing assistance, case management (ICMS), and other supportive services.	Most frequent users of county systems including mental health, jail, and other county programs.	250 (includes singles and families)	Single Adults 189	Targeted list provided by county jail, behavioral health, SSF, and DHA for most frequent users.
Flexible Housing Pool (FHP)	Umbrella for the Homeless Services Programs under DHA contracts that include FSRP, PRK, HEAP, MHSA. Provides property related tenant services (PRTS), housing assistance, case management (ICMS), and supportive services.	Sheltered and unsheltered individuals & families connected to shelters, City homeless services, navigators, or county programs.	Individuals 600 PRTS 525 ICMS	Individuals 525 PRTS 445 ICMS	Referred by 17 community providers, shelters, navigators, and government programs including Adult Protective Services, Public Defender, Navigators, Shelters, Outreach Teams, and Cities.

**County of Sacramento
Homeless Services for Single Adults, February 23, 2021**

DHA Program/ Services for Singles	Program description	Eligibility	Capacity	Number Served Calendar Year 2020	Access Point
Navigation and Rehousing Services to unincorporated areas of Sacramento County	Homeless outreach and navigation services in designated areas of unincorporated county: South Sacramento, Rio Linda, Arden/Arcade, Carmichael and unincorporated American River Parkway.	Individuals and families currently unsheltered in service areas.	N/A	511	Partnering Outreach Navigators
Housing and Disability Advocacy Program (HDAP)	Provide housing supports and case management services to homeless and disabled individuals, or potentially disabled individuals, who are applying for disability benefit programs.	Participants of the County's Flexible Housing Pool Program (FHP) and Full Service-Rehousing Shelter (FSRS), who meet the eligibility criteria.	90	54 Referrals (Persons served are duplicated as referrals are received from County Initiatives)	FSRP and FHP

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Homeless Services for Single Adults, February 23, 2021**

DHA Program/ Services for Singles	Program description	Eligibility	Capacity	Number Served Calendar Year 2020	Access Point
Return to Residence	Out-of-county transportation costs to support a homeless non-resident indigent in returning to his/her legal residence when a referral is received.	Applicant has legal residence in another state or county and has a family member/friend who will receive them and support their shelter needs.	Budgetary limitations	25	DHA, Community partners, Navigators
Motel Vouchers	Temporary motel stay for highly vulnerable single adults and families.	Sacramento County residents in need of a shelter respite stay who lack the resources to meet their own shelter needs	15-25 households per night dependent upon motel availability	330 households sheltered through Outreach (includes single adults and families; we do not have a breakout of this number)	Referral based through community providers. Single Adult and non-CalWORKs families are issued by DHA Outreach team or law enforcement (Sherriff and Sac PD).
Winter Respite	Temporary motel stay for highly vulnerable single adults and families through extreme weather events	Highly vulnerable Sacramento county residents	40 – 60 households per night including single adults and families	NA	Outreach navigators

**County of Sacramento
Homeless Services for Single Adults, February 23, 2021**

DHA Program/ Services for Singles	Program description	Eligibility	Capacity	Number Served Calendar Year 2020	Access Point
Project RoomKey	Provides motel rooms to serve as a non-congregate shelter option for people experiencing homelessness to prevent the spread of COVID 19 within the community. Families are mostly diverted to family shelter or supports though other motel sheltering programs. Project Roomkey supported most families through isolation units for those testing positive for COVID 19.	COVID specific prioritization including age and preexisting conditions for persons most at risk	NA	1,170 sheltered 177 housed	Hospitals and pre-designated outreach staff send referrals to Sacramento Steps Forward.
North A Emergency Shelter for Single Adults	Emergency shelter and support services for single adults experiencing homelessness in the River District	Unsheltered in services area	80 single adults - 40 women, 40 men	422	Invitation only through outreach
North A Weather Respite	Temporary respite for highly vulnerable singles adults from February 1 to March 17, 2020 in the River District.	Unsheltered vulnerable single adults living on the streets of the River District	Up to 30 adults per night	NA	Invitation only through outreach

**County of Sacramento
Homeless Services for Single Adults, February 23, 2021**

DHS/BHS Program/ Services for Singles	Program description	Eligibility	Capacity	Number Served Calendar Year 2020	Access Point
<p>Outpatient Services</p> <p>Behavioral Health Services Adult Outpatient Providers:</p> <ul style="list-style-type: none"> • 7 Lower intensity • 1 moderate intensity • 8 high intensity 	<p>Outpatient mental health services for adults that provide outpatient mental health treatment that can also provide rehousing and homeless prevention services and supports</p>	<p>Have a serious mental illness and functional impairment</p>	<p>N/A</p>	<p>995 unduplicated adults received a homeless related service or flexible dollars that helped resolve homelessness or prevent imminent homelessness.</p> <p>Of those, 134 received shelter in the form of motel voucher, 162 received move in assistance through security deposits and 986 received rental assistance</p>	<p>Through BHS County Access 916-875-1055</p> <p>Referral through inpatient psychiatric hospitals</p> <p>Or</p> <p>Through Homeless Access Clinician with office hours in homeless shelters identified by DHA as having a need for mental health assessments and linkages.</p>
<p>Drop in Centers</p> <p>1. WRC Community Center, North and South</p> <p>2. Guest House Connections Lounge</p>	<p>Provide a variety of resources such as showers, laundry, outreach, computer lab access.</p>	<p>Experiencing homelessness</p>	<p>2800 total annually</p>	<p>2567 adults total</p>	<p>Walk in</p>

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Homeless Services for Single Adults, February 23, 2021**

DHS/BHS Program/ Services for Singles	Program description	Eligibility	Capacity	Number Served Calendar Year 2020	Access Point
<p>Outreach Youth Help Network</p>	<p>The program was recently designated as a homeless access point.</p> <p>Outreach and crisis support where Transition Aged Youth (TAY) are known to congregate including co-location at organizational drop-in sites that serve TAY. Teams provide on demand crisis support and educate TAY on managing behavioral health crisis. This level of support helps reduce geographic barriers and improve timeliness to services via “Fast Pass” linkage.</p>	<p>A TAY experiencing a mental health crisis</p>	<p>400 annually</p>	<p>359 total</p>	<p>Street encounters and site based encounters. Sites vary throughout the year. Current co-locations exist with Gender Health Center, LGBT Center, Volunteers of America and Wind</p>
<p>Associated Rehabilitation for Women, Inc.</p>	<p>Residential Treatment services for adult women</p>	<p>CalWORKs, Drug Medi-Cal, Sacramento Resident</p>	<p>34 per night</p>	<p>121</p>	<p>County System of Care 916-874-9754</p>

**County of Sacramento
Homeless Services for Single Adults, February 23, 2021**

DHS/BHS Program/ Services for Singles	Program description	Eligibility	Capacity	Number Served Calendar Year 2020	Access Point
Sacramento Recovery House	Residential Treatment services for adult men and women	CalWORKs, Drug Medi-Cal, Sacramento Resident	37 per night	150	County System of Care 916-874-9754
River City Recovery	Residential Treatment services for adult men and women	CalWORKs, Drug Medi-Cal, Sacramento Resident	79 per night	365	County System of Care 916-874-9754
Saint John's Program for Real Change	Residential Treatment services for women and their children or women only	Drug Medi-Cal, Sacramento Resident	12 per night	48	County System of Care 916-874-9754
WellSpace Health	Residential Treatment services for adult men and women	CalWORKs, Drug Medi-Cal, Sacramento Resident	42 per night	56	County System of Care 916-874-9754
Bridges Professional Treatment Services	Sober Living Environment services for women and their children	CalWORKs, Sacramento Resident	84 per night	237	County System of Care 916-874-9754

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DHS/BHS Program/ Services for Singles	Program description	Eligibility	Capacity	Number Served Calendar Year 2020	Access Point
Sacramento Recovery House	Sober Living Environment services for adult men and women	Sacramento Resident	12 per night	40	County System of Care 916-874-9754

**County of Sacramento
Homeless Services for Single Adults, February 23, 2021**

DCFAS Program/ Services for Singles	Program description	Eligibility	Capacity	Number Served Calendar Year 2020	Access Point
Home Safe Program: Adult Protective Services	In collaboration with DHA, provides APS clients with short- term housing stabilization supports and/or referrals to the CoC.	APS clients whose abuse is confirmed and who are able to live independently with short-term assistance and/or clients who are better served through the CoC.	NA	109 clients assessed 51 clients stabilized 22 clients referred to CoC	Internal program referrals by APS social workers who have completed investigations and confirmed abuse.