

100,000
people are waiting for a
kidney transplant...
only **18,000** get
transplanted every year



WHAT YOUR DONATION SUPPORTS

- **NKF Cares:** Our toll-free helpline fields nearly 300 calls every week. Our expert staff listens, connects parents and families with the resources they need most, and help to navigate the complex healthcare system.
- **Innovative Research:** Since 1968, NKF has funded over \$100 million in research grants, leading to breakthroughs like developing the first international identification and treatment guidelines for all stages of Chronic Kidney Disease.
- **Early Detection Initiatives:** Encourage primary care physicians to inform and test their parents for kidney disease, especially the 73 million Americans with elevated risk factors like diabetes and hypertension.
- **Prevention, Education, and Screening Programs:** We reach more than 20,000 people annually in communities all across the country, increasing early detection and saving lives.

ABOUT COMMUNITY HEALTH CHARITIES

Community Health Charities is a nonprofit that raises awareness and resources for health and wellness by connecting more than 2,000 of the most trusted health charities across the United States with more than 17 million caring employees through workplace giving campaigns, causes, wellness programs, employee engagement, and strategic partnerships. Health has never been such an urgent priority: 77% of U.S. workers suffer from at least one long-term health condition, ranging from cancer to asthma — chances are someone you know is affected.

Douglas' Journey

National Kidney Foundation



During their 19-week ultrasound appointment, Sherry and RH's excitement turned to terror when they were told their son's bladder was abnormally large. To save their baby's life, Sherry underwent fetal surgery. When Douglas was born, he was diagnosed with chronic kidney disease, and a rare birth defect called prune belly syndrome. Yearning for answers and action, Sherry received resources from National Kidney Foundation, and began personally spreading the word about kidney disease.

Now almost three, Douglas has already been through 15 surgeries, but remains a happy, active little boy who loves tractors, Mickey Mouse, and playing with his older sister. Despite the many challenges he faces, his parents know he's strong enough for the fight. His mother reflects on their health journey: "I want everyone to know about kidney disease, for people to get tested to become living donors. Not just for our son when the time comes, but for others waiting for the gift of life."