COVID-19 disease prevention measures, endorsed by the Centers for Disease Control and Prevention, include vaccinations, face coverings, increased indoor ventilation, handwashing, and physical distancing (particularly indoors).

Since March 2020, local legislative bodies, including commissions, committees, boards, and councils, have successfully held public meetings with teleconferencing as authorized by Executive Orders issued by the Governor of California. Using technology to allow for virtual participation in public meetings is a social distancing measure that may help control transmission of the SARS-CoV-2 virus. Public meetings bring together many individuals (both vaccinated and potentially unvaccinated), from multiple households, in a single indoor space for an extended time. For those at increased risk for infection, or subject to an isolation or quarantine order, teleconferencing allows for full participation in public meetings, while protecting themselves and others from COVID-19.

Utilizing teleconferencing options for public meetings is an effective and recommended social distancing measure to facilitate participation in public affairs and encourage participants to protect themselves and others from COVID-19. This recommendation is further intended to satisfy the requirement of the Brown Act (specifically Government Code Section 54953(e)(1)(A)), which allows local legislative bodies in the County of Sacramento to use certain available teleconferencing options set forth in the Brown Act.

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